

5th Annual 'Helping the Helpers'
Awareness and Education Day
For Post-Traumatic Stress Disorder

HELPING THE HELPERS

AWARENESS AND EDUCATION for Post-Traumatic Stress Disorder



'COPING AND DEALING WITH PTSD FOR FRONTLINE PROFESSIONALS AND FAMILIES'



St. Francis Xavier University Schwartz Auditorium
October 27, 2018

'Coping and Dealing with PTSD for Frontline Professionals and Families'

- 0730 – 0830 hrs Registration
- 0830 – 0845 hrs Welcome Remarks Master of Ceremony
- 0845 – 0900 hrs Opening Remarks Sean Fraser Liberal MP Central Nova
- 0900 – 0930 hrs Nova Scotia Department of Labour and Advanced Education Representative
- 0930 – 1015 hrs Jason Powell BScN., MScN., PhD(c), Dean of the School of Health Humber College
- 1015 – 1030 hrs **Morning Break**
- 1030 – 1100 hrs John Garth MacDonald ACP Paramedic, PTSD Survivor
- 1100 – 1145 hrs Michelle MacDonald RN MN, Spouse of ACP Paramedic Survivor
- 1145 – 1200 hrs Liam Brophy, Musician
- 1200 – 1300 hrs **Lunch and last viewing for auction items. Bidding closes at 1300 hrs.**
- 1300 – 1345 hrs Kathy Rolfe Psychologist, Police Officer Effects PTSD has on families
- 1345 – 1415 hrs Guy LeBlanc, Retired Correctional Officer
- 1415 – 1430 hrs Auction items: Announcement of successful bidding
- 1430 – 1500 hrs Lisa Partridge along with Rocsie (Helping the Helpers Ambassador) Service Dogs for PTSD
- 1500 – 1515 hrs **Afternoon Break**
- 1515 – 1600 hrs Gregory Armstrong Chaplain, former Paramedic Toronto Paramedic Services
- 1600 – 1630 hrs Jamie MacWhirter, Canadian Military Veteran
- 1630 – 1700 hrs Question and Answer Panel
- 1700 – 1715 hrs Closing Remarks (Alma Farrell & John Pellerin)

Registration Fee: \$20.00 or \$30.00 (includes lunch ticket for StFX Morrison Hall)

Contact to register: helpingthehelpersns@gmail.com or Michelle MacDonald @902 318-5959.

Payment: e-transfer or cheque only. Deadline to register and refunds is October 19, 2018.

Silent Auction on Site (accepting cash/cheque only)